



# Tai Chi News

**TERM 1 2024** MOVING MEDITATION SCHOOL OF TAI CHI & QIGONG Tel: 83817969  
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## *Welcome to the Year of the Wood Dragon.*

Wood is of the morning and springtime. It's temperate nature loves harmony, beauty and elegance. It is said the Wood/Dragon year will bring equilibrium and the power to create; a taste for beauty, harmony and nature which induces the Wood Dragon to leave the subterranean grotto or come down from the nest.

It is considered that the Wood Dragon year will be a period of growth and prosperity. If this is your year it is likely that you will be full of renewed energy and will discover that you have a creative soul.

Nature will be your source of inspiration but beware of excessive passion and anger.

This year will bring beauty and harmony and flexibility necessary for your work.



### **TERM DATES 2024**

Term 5th February—28th March

Term 2: 29th April—24th June

Term 3: 29th July—21st September

Term 4: 14th October—7th December