

Term One 2024 Schedule

2nd February - 28th March



Fees: \$110 Standard Fee \$100 Concession Fee

Payment: cash or online

BSB 633 000 148 332 067

8 week term

*Conditions: Shoes must be worn. Please bring water to drink.
In consideration of others we request you do not wear
perfume or aftershave to class.*

<u>Classes Start:</u>	<u>Location</u>	<u>Programmes Offered</u>
Monday 5th Feb.	REYNELLA Neighbourhood Centre, Old South Rd (Rosemary/Mardiyah)	Tai Chi Beginners: 1.00-2.00pm Tai Chi 108 contd. 1.00-2.00pm
Monday 5th Feb.	MITCHAM Cultural Village Cnr. Princes and Torrens Roads (Rosemary)	Tai Chi Sword ongoing: 10.00-11.00am No Vacancies
Tuesday 6th Feb.	MITCHAM Cultural Village Cnr. Princes and Torrens Roads (Mardiyah/Caroline/David)	Sword contd. 9.30-10.30 am Beginners Qigong: 10.35-11.30am Tai Chi 24 contd. 10.35-11.30am
Tuesday 6th Feb.	REYNELLA EAST College, 63 Malbeck Drive, Reynella East. (Mardiyah/Danny)	Beginners Qigong: 7.00- 8.00pm Tai Chi 24 contd. 7.00-8.00 pm
Wednesday 7th Feb.	HOVE: Holdfast Bay Community Centre, 51 King George Ave. (Rosemary)	Tai Chi ongoing: 10.00 -11.30am No Vacancies
Friday 2nd Feb.	GLENELG Community Centre 4 Colley Terrace (Mardiyah)	Beginners Qigong: 8.50-9.45am Tai Chi 4 refine: 8.50-9.45am * Tai Chi 1: 9.55-10.50am



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***Suitable for Beginners**

All Classes Subject to Vacancies

**Fees non-refundable unless accompanied by a medical certificate
Accredited Teachers**